

## Competition Day 1 – September 5

Eraclea						
	Track	Group	Field	Group	Out of stadia	Group
14.00			Weight throw	W55		
15.00	1500 m heat	W45	Weight throw	W60		
15.30	1500 m heat	W35				
16.30			Weight throw	W65		
17.30			Weight throw	W70		

## Competition Day 2 - September 6

Eraclea						
	Track	Group	Field	Group	Out of stadia	Group
08.15	5000m racewalk	W60+				
09.15	5000m racewalk	W50-55				
09.45			Weight throw	M50		
10.00	5000m racewalk	W45				
10.45	5000m racewalk	W35-40				
11.00			Weight throw	M45		
11.30	5000m racewalk	M35-40				
15.00	5000m racewalk	M45-50				
15.45	5000m racewalk	M55	Weight throw	M40		
16.30	5000m racewalk	M60				
17.15	5000m racewalk	M65	Weight throw	M35		
18.00	5000m racewalk	M70				
18.45	5000m racewalk	M75+				

## Competition Day 3 - September 7

Eraclea						
	Track	Group	Field	Group	Out of Stadia	Group
09.00			Weight throw	M80+		
11.00			Weight throw	W35-40		
15.00			Weight throw	W45		
16.00	1500 m Final	W35				
16.15	1500 m Final	W40				
16.30	1500 m Final	W45	Weight throw	W50		
16.45	1500 m Final	W50				
17.00	1500 m Final	W55				
17.15	1500 m Final	W60				
17.30	1500 m Final	W65				
17.45	1500 m Final	W70				
18.00	1500 m Final	W75+	Weight throw	M75		

## Competition Day 4 - September 8

Eraclea						
	Track	Group	Field	Group	Out of stadia	Group
08.30	10.000 m	M75+	Weight throw	M55		
10.00	10.000 m	M70				
10.30			Weight throw	M60		
11.30	10.000 m	M35				
13.30	10.000 m	M40				
14.30	10.000 m	M45				
15.30	10.000 m	M50				
15.30			Weight throw	M65		
16.30	10.000 m	M55				
17.30	10.000 m	M60				
17.00			Weight throw	M70		
18.30	10.000 m	M65				

## Competition Day 5 - September 9

Eraclea						
	Track	Group	Field	Group	Out of stadia	Group
08.30	10.000 m	W70-75				
09.30			Weight Throw	W75		
10.00	10.000 m	W65				
11.00			Weight Throw	W80+		
11.30	10.000 m	W35				
13.30	10.000 m	W40				
14.30	10.000 m	W45				
15.30	10.000 m	W50				
16.30	10.000 m	W55				
17.30	10.000 m	W60				

## Competition Day 6 - September 11

Eraclea						
	Track	Group	Field	Group	Out of stadia	Group
08.00					10 km race walk	M60+
09.45					10 km race walk	W35+
11.45					10 km race walk	M35-55

# Competition Day 7 - September 12

Eraclea						
	Track	Group	Field	Group	Out of Stadia	Group
08.45	NO COMPETITION					

## Competition Day 8 - September 13

Eraclea						
	Track	Group	Field	Group	Out of stadia	Group
08.00	5000 m	W70+				
08.45	5000 m	W65				
09.30	5000 m	W60	High jump	W75+		
10.15	5000 m	W55				
11.00	5000 m	W50				
11.45	5000 m	W45				
12.15	5000 m	W40				
12.45	5000 m	W35				
14.00	5000 m	M35				
14.25	5000 m	M40				
15.15	5000 m	M45				
16.05	5000 m	M50				
16.55	5000 m	M55				
17.45	5000 m	M60				
18.35	5000 m	M65				
19.05	5000 m	M70				
20.15	5000 m	M75+				



## Competition Day 9 - September 14

Eraclea						
	Track	Group	Field	Group	Out of stadia	Group
08.00					20 km race walk	M60+
11,15					20 km race walk	M35-55
15,15					20 km race walk	W35+

## Competition Day 10 - September 15

Eraclea						
	Track	Group	Field	Group	Out of stadia	Group
08.45	NO COMPETITION					