

**P** Parcheggio  
*Car park*

 Spogliatoi  
*Changing tends*

 Spugnaggio  
*Sponging station*


**WC** Bagni  
*Toilets*

 Rilevamento  
cronometrico  
*Timing station*

 Primo soccorso  
*First aid*

 Docce  
*Showers*

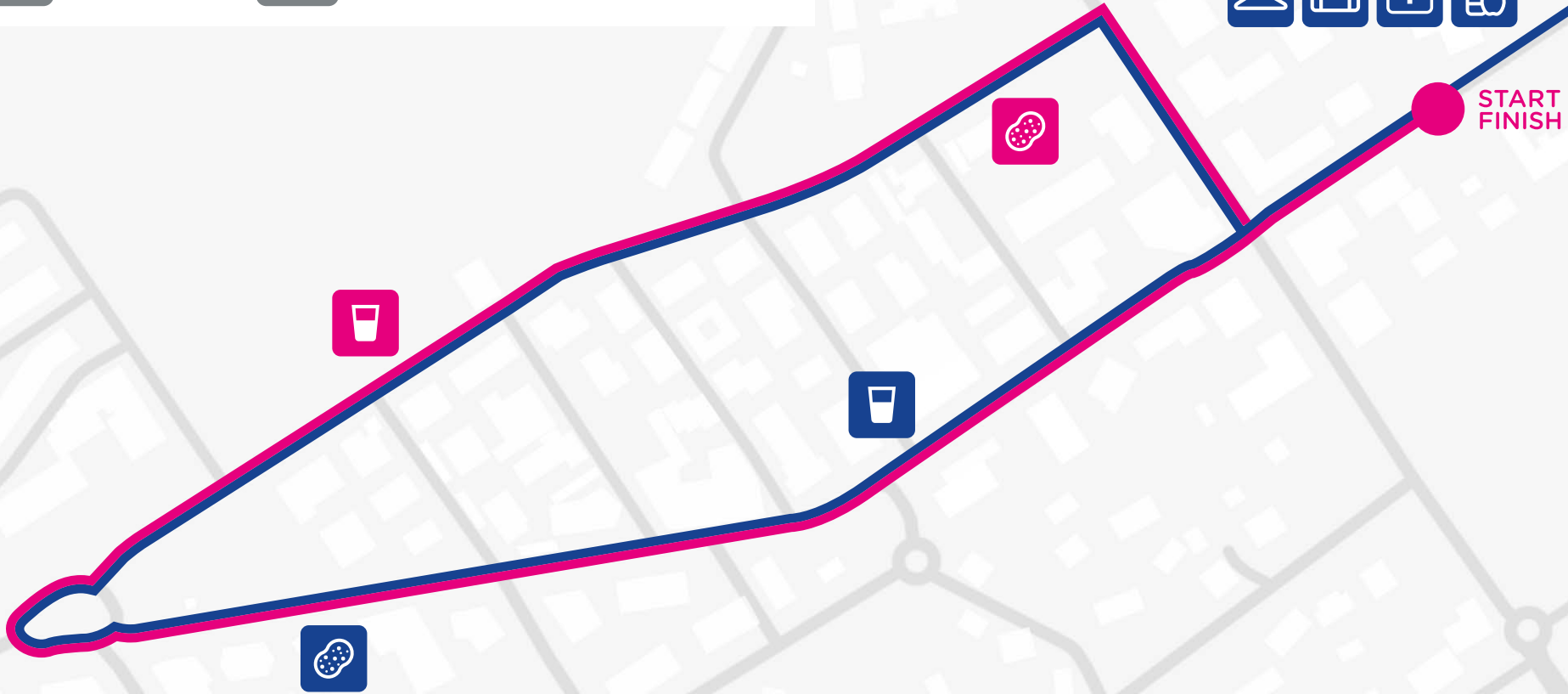
 Ristoro  
*Refreshment station*

 Deposito borse  
*Personal bags*

 Ristoro finale  
*Refreshment station*



**START FINISH**



 Percorso 20K  
*20K path*

 Percorso 10K  
*10K path*